# FOOD SECURITY PLAN APPENDIX

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</table>
## APPENDIX A: NATIONAL, STATE AND COUNTY DATA

### Socioeconomic Indicators and Demographics

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<th>Data point</th>
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<th>Number</th>
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</tr>
</thead>
<tbody>
<tr>
<td>Poverty rate (2006)</td>
<td>US</td>
<td>9.8% (households) 13.3% (individuals)</td>
<td></td>
<td>2006 American Community Survey</td>
</tr>
<tr>
<td></td>
<td>Michigan</td>
<td>9.6% (households) 13.5% (individuals)</td>
<td></td>
<td>2006 American Community Survey</td>
</tr>
<tr>
<td></td>
<td>Washtenaw County</td>
<td>7.7% (households) 14.5% (individuals)</td>
<td>Total individuals in poverty: 49,887 (Total population: 344,047)</td>
<td>2006 American Community Survey</td>
</tr>
<tr>
<td></td>
<td>Michigan</td>
<td>$47,182</td>
<td></td>
<td>2006 American Community Survey</td>
</tr>
<tr>
<td></td>
<td>Washtenaw County</td>
<td>$56,817</td>
<td></td>
<td>2006 American Community Survey</td>
</tr>
<tr>
<td>Households with no vehicle (2006)</td>
<td>US</td>
<td>7.8%</td>
<td></td>
<td>2006 American Community Survey</td>
</tr>
<tr>
<td></td>
<td>Michigan</td>
<td>5.7%</td>
<td></td>
<td>2006 American Community Survey</td>
</tr>
<tr>
<td></td>
<td>Washtenaw County</td>
<td>5.8%</td>
<td></td>
<td>2006 American Community Survey</td>
</tr>
</tbody>
</table>
## APPENDIX A: NATIONAL, STATE AND COUNTY DATA

<table>
<thead>
<tr>
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<th>Location</th>
<th>Number</th>
<th>Trend</th>
<th>Source</th>
</tr>
</thead>
<tbody>
<tr>
<td>with two children</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Washtenaw County</td>
<td></td>
<td>$50,248</td>
<td>County with the highest cost of living in</td>
<td>Economic Self-Sufficiency in Michigan – Michigan League for Human Services, May 2007</td>
</tr>
<tr>
<td>Michigan (among those with income &lt;$35,000) (2005)</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Michigan</td>
<td></td>
<td>12.2%</td>
<td>Increased from 10% in 2003</td>
<td>USDA, Household Food Security in the United States, 2006</td>
</tr>
<tr>
<td>Washtenaw County</td>
<td></td>
<td>4.9%</td>
<td>concerned about having enough food in past month</td>
<td>Washtenaw County Health Improvement Plan, 2005.</td>
</tr>
<tr>
<td>Washtenaw County (among those with income &lt;$35,000) (2005)</td>
<td></td>
<td>12.5%</td>
<td>concerned about having enough food in past month</td>
<td>Washtenaw County Health Improvement Plan, 2005.</td>
</tr>
</tbody>
</table>

### Health and Nutrition

<table>
<thead>
<tr>
<th>Data point</th>
<th>Location</th>
<th>Number</th>
<th>Trend / Notes</th>
<th>Source</th>
</tr>
</thead>
<tbody>
<tr>
<td>Heart Disease mortality</td>
<td>US</td>
<td>Deaths: 652,091 26.6% of deaths</td>
<td>Leading cause of death</td>
<td>CDC Deaths: Final Data for 2005</td>
</tr>
<tr>
<td></td>
<td>Michigan</td>
<td>deaths: 24,223 28.2% of deaths</td>
<td>Leading cause of death</td>
<td>Profile of Michigan, MDCH, 2006</td>
</tr>
</tbody>
</table>
### APPENDIX A: NATIONAL, STATE AND COUNTY DATA

<table>
<thead>
<tr>
<th>Data point</th>
<th>Location</th>
<th>Number</th>
<th>Trend</th>
<th>Source</th>
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</thead>
<tbody>
<tr>
<td>Heart Disease mortality (cont.)</td>
<td>Washtenaw County</td>
<td>Deaths: 468</td>
<td>Leading cause of death</td>
<td>Profile of Michigan, MDCH, 2006</td>
</tr>
<tr>
<td></td>
<td></td>
<td>25.2% of deaths</td>
<td></td>
<td></td>
</tr>
<tr>
<td>High Blood Pressure prevalence</td>
<td>US</td>
<td>30.2%</td>
<td></td>
<td>CDC, 2005</td>
</tr>
<tr>
<td></td>
<td>Michigan</td>
<td>27.8%</td>
<td></td>
<td>Michigan BRFS, 2006</td>
</tr>
<tr>
<td></td>
<td>Washtenaw County</td>
<td>19.5%</td>
<td></td>
<td>Washtenaw County Health Improvement Plan, 2005, 2005</td>
</tr>
<tr>
<td></td>
<td>Washtenaw County (among those with income &lt;$35,000)</td>
<td>22.3%</td>
<td></td>
<td>Washtenaw County Health Improvement Plan, 2005, 2005</td>
</tr>
<tr>
<td>High Cholesterol prevalence</td>
<td>US</td>
<td>17.3%</td>
<td></td>
<td>CDC, 2005</td>
</tr>
<tr>
<td></td>
<td>Michigan</td>
<td>38.9%</td>
<td></td>
<td>Michigan BRFS, 2006</td>
</tr>
<tr>
<td></td>
<td>Washtenaw County</td>
<td>32.1%</td>
<td></td>
<td>Washtenaw County Health Improvement Plan, 2005, 2005</td>
</tr>
<tr>
<td></td>
<td>Washtenaw County (among those with income &lt;$35,000)</td>
<td>64.7%</td>
<td></td>
<td>Washtenaw County Health Improvement Plan, 2005, 2005</td>
</tr>
<tr>
<td></td>
<td></td>
<td>3.1% of deaths</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Michigan</td>
<td>deaths: 2,823</td>
<td>6th leading cause of death</td>
<td>Profile of Michigan, MDCH, 2006</td>
</tr>
<tr>
<td></td>
<td></td>
<td>3.3% of deaths</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Washtenaw County</td>
<td>Deaths: 64</td>
<td>6th leading cause of death</td>
<td>Profile of Michigan, MDCH, 2006</td>
</tr>
<tr>
<td></td>
<td></td>
<td>3.4% of deaths</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Michigan (2000)</td>
<td>7.0%</td>
<td>Increased from 5.8% in 1997. Increased 24% over the past 6 years.</td>
<td>Healthy Michigan 2010</td>
</tr>
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</table>
### APPENDIX A: NATIONAL, STATE AND COUNTY DATA

<table>
<thead>
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<th>Location</th>
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<th>Trend</th>
<th>Source</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Michigan</td>
<td>26.2%</td>
<td>Increased from 18.2% in 1995</td>
<td>CDC, Behavioral Risk Factor Surveillance Survey, 2005</td>
</tr>
<tr>
<td></td>
<td>Washtenaw County</td>
<td>18.1%</td>
<td></td>
<td>Washtenaw County Health Improvement Plan, 2005</td>
</tr>
<tr>
<td></td>
<td>Washtenaw County (among those with income &lt;$35,000) (2005)</td>
<td>26.5%</td>
<td></td>
<td>Washtenaw County Health Improvement Plan, 2005</td>
</tr>
<tr>
<td>Physical Activity – Rate of adults reporting less than 30 minutes on 5 or more days a week (2005)</td>
<td>US</td>
<td>51.3%</td>
<td>Decreased from 54% in 2001</td>
<td>CDC, Behavioral Risk Factor Surveillance Survey, 2005</td>
</tr>
<tr>
<td></td>
<td>Michigan</td>
<td>50.5%</td>
<td>Decreased from 54.4% in 2001</td>
<td>CDC, Behavioral Risk Factor Surveillance Survey, 2005</td>
</tr>
<tr>
<td></td>
<td>Washtenaw County</td>
<td>50.7%</td>
<td></td>
<td>Washtenaw County Health Improvement Plan, 2005</td>
</tr>
<tr>
<td>Fruit and Vegetable consumption – consume 5 or more servings per day</td>
<td>US</td>
<td>23.2%</td>
<td>Decreased from 23.7% in 1996</td>
<td>CDC, Behavioral Risk Factor Surveillance Survey, 2005</td>
</tr>
<tr>
<td></td>
<td>Michigan</td>
<td>22.8%</td>
<td>Decreased from 23.4% in 1996</td>
<td>CDC, Behavioral Risk Factor Surveillance Survey, 2005</td>
</tr>
<tr>
<td></td>
<td>Washtenaw County</td>
<td>25%</td>
<td></td>
<td>Washtenaw County Health Improvement Plan, 2005</td>
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</table>
## Food Assistance Programs

<table>
<thead>
<tr>
<th>Data point</th>
<th>Location</th>
<th>Number</th>
<th>Trend / Notes</th>
<th>Source</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Michigan</td>
<td>1,083,100 people served</td>
<td></td>
<td>Hunger in America 2006, Michigan State Report)</td>
</tr>
<tr>
<td>Food Stamp participation (average number of individuals receiving benefits per month in 2007)</td>
<td>US</td>
<td>26,468,000</td>
<td>Increased 25% since 2003</td>
<td>USDA Program Summary tables</td>
</tr>
<tr>
<td></td>
<td>Michigan</td>
<td>1,200,000</td>
<td>Increased 44% since 2003</td>
<td>USDA Program Summary tables</td>
</tr>
<tr>
<td></td>
<td>Washtenaw County</td>
<td>23,951</td>
<td></td>
<td>MDHS Program Statistics, Fiscal Year 2007</td>
</tr>
<tr>
<td>Food Stamp participation rate (2005)</td>
<td>US</td>
<td>65%</td>
<td>Increased from 56% in 2003</td>
<td>USDA, October 2007</td>
</tr>
<tr>
<td></td>
<td>Michigan</td>
<td>75%</td>
<td>Increased from 65% in 2003</td>
<td>USDA, October 2007</td>
</tr>
<tr>
<td></td>
<td>Washtenaw County</td>
<td>7.0%</td>
<td></td>
<td>MDHS Program Statistics, Fiscal Year 2007</td>
</tr>
<tr>
<td>Average monthly food stamp benefit per person (2007)</td>
<td>US</td>
<td>$95.63</td>
<td>Increased from 83.90 in 2003</td>
<td>USDA Program Summary tables</td>
</tr>
<tr>
<td></td>
<td>Michigan</td>
<td>$94.63</td>
<td>Increased from $77.91 in 2003.</td>
<td>USDA Program Summary tables</td>
</tr>
<tr>
<td></td>
<td>Michigan</td>
<td>232,206</td>
<td>Increased from 216,684 in 2003.</td>
<td>USDA Program Summary tables</td>
</tr>
<tr>
<td>TEFAP (2007)</td>
<td>US</td>
<td>$249,100,000 spent</td>
<td>Decreased from $455,600,000 in 2003.</td>
<td>USDA Program Summary tables</td>
</tr>
</tbody>
</table>
## APPENDIX A: NATIONAL, STATE AND COUNTY DATA

<table>
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<th>Data point</th>
<th>Location</th>
<th>Number</th>
<th>Trend</th>
<th>Source</th>
</tr>
</thead>
<tbody>
<tr>
<td>National School Lunch Program – free and reduced price lunch recipients</td>
<td>US</td>
<td>17,900,000 served per day</td>
<td>Increased from 16,400,00 in 2003.</td>
<td>USDA Program Summary tables</td>
</tr>
<tr>
<td></td>
<td>Michigan</td>
<td>896,915 served per day</td>
<td>Increased from 842,678 in 2003.</td>
<td>USDA Program Summary tables</td>
</tr>
<tr>
<td>School Breakfast Program (2007)</td>
<td>US</td>
<td>7,150,000 served per day</td>
<td>Increased from 6,220,000 in 2003. Increased 3.9% from Feb. 2007 to Feb. 2008.</td>
<td>USDA Program Summary tables</td>
</tr>
<tr>
<td></td>
<td>Michigan</td>
<td>239,022 served per day</td>
<td>Increased from 216,046 in 2003. Increased 5.1% from Feb. 2007 to Feb. 2008.</td>
<td>USDA Program Summary tables</td>
</tr>
<tr>
<td>Summer Food Service program (2007)</td>
<td>US</td>
<td>117,800,000 total meals served</td>
<td>Steady since 2003.</td>
<td>USDA Program Summary tables</td>
</tr>
<tr>
<td></td>
<td>Michigan</td>
<td>2,016,888 total meals served</td>
<td>Increased from 1,864,206 in 2003.</td>
<td>USDA Program Summary tables</td>
</tr>
<tr>
<td>Child and Adult Care Food Program (2007)</td>
<td>US</td>
<td>3,182,121 served daily</td>
<td>Increased from 2,916,617 in 2003.</td>
<td>USDA Program Summary tables</td>
</tr>
<tr>
<td></td>
<td>Michigan</td>
<td>74,111 people served daily</td>
<td>Increased from 66,197 in 2003.</td>
<td>USDA Program Summary tables</td>
</tr>
<tr>
<td>Commodity Supplemental Food Program (2007)</td>
<td>US</td>
<td>466,180 total annual participation</td>
<td>Increased from 455,659 in 2003.</td>
<td>USDA Program Summary tables</td>
</tr>
<tr>
<td></td>
<td>Michigan</td>
<td>77,258 total</td>
<td>Decreased from 83,032 in 2003.</td>
<td>USDA Program Summary tables</td>
</tr>
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</table>
# APPENDIX A: NATIONAL, STATE AND COUNTY DATA

## Agriculture

<table>
<thead>
<tr>
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<th>Location</th>
<th>Number</th>
<th>Trend / Notes</th>
<th>Source</th>
</tr>
</thead>
<tbody>
<tr>
<td>Percent of total land area in farms (2002)</td>
<td>US</td>
<td>41.4%</td>
<td>Decreased from 44.9% in 1974.</td>
<td>US Census of Agriculture</td>
</tr>
<tr>
<td></td>
<td>Michigan</td>
<td>27.9%</td>
<td>Decreased from 47.5% in 1950.</td>
<td>US Census of Agriculture</td>
</tr>
<tr>
<td></td>
<td>Washtenaw County</td>
<td>38.6%</td>
<td>Decreased from 78.8% in 1950.</td>
<td>US Census of Agriculture</td>
</tr>
<tr>
<td>Percent of farmed acres producing vegetables for sale (2002)</td>
<td>US</td>
<td>0.39%</td>
<td>Increased from 0.31% in 1974.</td>
<td>US Census of Agriculture</td>
</tr>
<tr>
<td></td>
<td>Michigan</td>
<td>1.36%</td>
<td>Increased from 0.63% in 1950.</td>
<td>US Census of Agriculture</td>
</tr>
<tr>
<td></td>
<td>Washtenaw county</td>
<td>1.21%</td>
<td>Increased from 0.57% in 1950.</td>
<td>US Census of Agriculture</td>
</tr>
<tr>
<td>Percent of farmed acres producing soybeans (2002)</td>
<td>US</td>
<td>7.7%</td>
<td>Increased from 5.3% in 1974.</td>
<td>US Census of Agriculture</td>
</tr>
<tr>
<td></td>
<td>Michigan</td>
<td>20.3%</td>
<td>Increased from 0.4% in 1950.</td>
<td>US Census of Agriculture</td>
</tr>
<tr>
<td></td>
<td>Washtenaw county</td>
<td>26.5%</td>
<td>Increased from 0.6% in 1950</td>
<td>US Census of Agriculture</td>
</tr>
</tbody>
</table>
AGENCY PARTNERS AND CLIENT SURVEY 2008: OVERVIEW

To better understand food need and food security in Washtenaw County, two surveys were conducted between August and October 2008.

In August 2008, 44 food pantry and emergency meal programs in Washtenaw County participated in the survey process. The survey asked questions regarding number of households served by the programs, sources of food, availability of fresh fruits and vegetables, client information collected by the agencies, and types of referrals offered to clients.

In September and October 2008 a client survey was conducted at several food pantry and food assistance programs. Surveys were completed by clients at 20 food pantry or distribution programs, as well as at the Ypsilanti Farmer’s Market. Approximately 28% of the surveys were completed by volunteer interviewers, and the remaining surveys were completed independently by respondents. The survey asked questions regarding family and personal demographics, grocery store use and satisfaction, pantry use and satisfaction, food security and use of food assistance programs. A total of 447 surveys were completed.

SURVEY TOOLS: AGENCY SURVEY

Section I: Agency Information

The following is the information Food Gatherers has on file for your organization. Please review it and write in any corrections directly on this sheet.

Agency Name:
Agency Address:
Agency Phone:
Agency Fax:
Agency Contact:
Type of Program(s):
Hours of operation:
Unduplicated families/households served: __________ per month
Food Gatherers delivery frequency: ______ times per (week, month, day)
Food Gatherers pick-up frequency: ______ times per (week, month, day)
SURVEY TOOLS: AGENCY SURVEY

Section II: Agency Questions

The questions in this section ask about your organization and all the food programs it offers. If your organization offers more than one food program, you will be asked to answer questions about individual programs in Section III.

1. Is your organization funded by the Washtenaw United Way?
   □ yes
   □ no

1a. If yes, please enter the total dollars received from the Washtenaw United Way for support of food programs in FY 2008 (from July 1, 2007 to June 30, 2008):
   $ ______________________________________________

2. Are you funded by a different United Way agency?
   □ yes
   □ no

2a. If yes, please identify the United Way agency:
   __________________________________________________

2b. If yes, please enter the total dollars received from this United Way agency for support of food programs in FY 2008 (from July 1, 2007 to June 30, 2008):
   $ _____________________________________________

3. Please indicate your budget for purchasing food in FY 2008 (from July 1, 2007 to June 30, 2008) Please do not include food credits from Food Gatherers:
   $ __________________________________________________

4. Please indicate your budget for purchasing food in FY 2007 (from July 1, 2006 to June 30, 2007) Please do not include food credits from Food Gatherers:
   $ __________________________________________________

5. Please indicate the number of paid staff hours per week you use to operate the food program(s) you offer:
   ________________________________ hours per week

6. Please indicate the number of volunteer hours per week you use in the food program(s) you offer:
   ________________________________ hours per week
Please identify the frequency with which other services are offered with your food program(s). These programs can be delivered by other agencies or from your own staff.

<table>
<thead>
<tr>
<th>Service</th>
<th>Never</th>
<th>At intake only</th>
<th>Annually</th>
<th>Periodically throughout the year</th>
<th>At every visit</th>
</tr>
</thead>
<tbody>
<tr>
<td>a. referrals to food stamps</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>b. assistance in securing food stamps</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>c. referrals for food assistance programs other than food stamps</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>d. job training</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>e. job referrals</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>f. nutrition education or healthy cooking classes</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>g. referrals for non-food programs (such as health insurance or cash assistance)</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
</tbody>
</table>

7. Do you see any fluctuation in demand for food during a month?
- □ yes, highest demand at end of month
- □ yes, highest demand at beginning of month
- □ yes, highest demand in the middle of the month
- □ no, demand is steady
- □ not applicable

8. In the past year, how often did your program use any of the following methods to handle a shortage of food or resources?

<table>
<thead>
<tr>
<th>Method</th>
<th>Never</th>
<th>Some of the time</th>
<th>Most of the time</th>
<th>Always</th>
</tr>
</thead>
<tbody>
<tr>
<td>a. turn clients away without food</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>b. reduce amount given to each household</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>c. ask client to return another day to receive food</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>d. purchase additional food</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>e. refer to another agency</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
</tbody>
</table>
SURVEY TOOLS: AGENCY SURVEY

Section II: Agency Questions

9. What percent of your total food comes from each of the sources below? Please provide your best estimate.

a. Food Gatherers at no cost to your organization (include FEMA and other credits) ______ %
b. Food Gatherers at shared maintenance or co-agency ______ %
c. Food drives conducted exclusively for your organization ______ %
d. Food from food retailers donated directly to your organization ______ %
e. Food your organization or volunteers purchase directly from a food retailer (such as Meijer, Kroger, Gordon’s, Sam’s Club, or Costco) ______ %
f. Farm produce donated by farmers directly to your organization ______ %
g. Other, please describe: ___________________________ ______ %

TOTAL 100 %

10. What data do you collect from people seeking food assistance? (check all that apply)
□ age
□ income
□ gender
□ address
□ household size
□ race or ethnic background
□ employment status
□ special dietary needs or preferences
□ participation in other food assistance programs (such as food stamps or WIC)
□ no personal data collected from people seeking assistance
SURVEY TOOLS: AGENCY SURVEY

Section III: Program Questions

The following questions are targeted at specific food programs. If your organization offers more than one program, please make a copy and fill out a separate section for each program.

Name of the program: ________________________
Program type: ______________________________

FOOD PANTRY QUESTIONS

11. Please indicate the average quantity of food you provided to each client in each distribution for 2007. You may answer in either pounds or bags of food, and per person or per household. Please enter the quantity in only one category below:
   _______ bags per person    _______ bags per household
   _______ pounds per person  _______ pounds per household

12. Please identify the guidelines your food pantry uses in determining the amount of food allowed for each person or household. (check only one)
   □ No limits on the amount of food a person/household may take
   □ Amount allowed is based on number of people in the household
   □ Fixed amount of groceries per person/household regardless of size of household.
   □ Other, please describe: _______________________________________

13. How frequently do you have fresh fruits or vegetables available during scheduled distribution times?
   □ always
   □ only in the growing season, but very regularly during the growing season
   □ only in the growing season and only sometimes during the growing season
   □ intermittently throughout the year, but usually yes
   □ intermittently throughout the year, but usually not
   □ never

14. How frequently do you have frozen meat available during scheduled distribution times?
   □ always
   □ most of the time
   □ some of the time
   □ never
SURVEY TOOLS: AGENCY SURVEY

Section III: Program Questions

FOOD PANTRY QUESTIONS

15. How frequently do you have fresh dairy or perishable prepared foods available during scheduled distribution times?
   □ always
   □ most of the time
   □ some of the time
   □ never

16. From your perspective, what percent of the people using your food pantry fall into each of the categories below? Please provide your best estimate.

   a. The food pantry is their only source of food on a regular basis ______ %
   b. The food pantry provides a large portion of their food on a regular basis ______ %
   c. The food pantry provides supplemental foods on a regular basis ______ %
   d. The food pantry provides emergency food on a temporary basis ______ %

   TOTAL 100 %

17. From your perspective, how far do most people travel to access your food pantry? (check one)
   □ less than 5 miles
   □ between 5 to 10 miles
   □ between 10 to 20 miles
   □ more than 20 miles

18. From your perspective, of the ways in which people travel to access your food pantry, please rank the following methods from that used by the largest number of people (1) to that used by the smallest number of people (8). If one of the following options is not used by anyone, please enter “NA”.

   _____ in their own vehicle
   _____ in a borrowed vehicle
   _____ ride with a friend
   _____ taxi
   _____ public transportation
   _____ walk
   _____ bike
   _____ other, please describe: ______________________________
SURVEY TOOLS: AGENCY SURVEY

Section III: Program Questions

FOOD PANTRY QUESTIONS

19. Name of person completing this survey: _______________________________

_____________________________________________________________________

Name of the program: ________________________

Program type: _________________________________

MEAL PROGRAM QUESTIONS

20. How frequently does the meal provided include fresh fruits or vegetables?
   □ always
   □ only in the growing season, but very regularly during the growing season
   □ only in the growing season and only sometimes during the growing season
   □ intermittently throughout the year, but usually yes
   □ intermittently throughout the year, but usually not
   □ never

21. How frequently does the meal provided include meat?
   □ always
   □ most of the time
   □ some of the time
   □ never

22. From your perspective, what percent of the people using your meal program fall into each of the categories below? Please provide your best estimate.

   a. The meal program is their only source of food on a regular basis  _____ %
   b. The meal program provides a large portion of their food on a regular basis  _____ %
   c. The meal program provides supplemental foods on a regular basis  _____ %
   d. The meal program provides emergency food on a temporary basis  _____ %

   TOTAL  100 %
SURVEY TOOLS: AGENCY SURVEY

Section III: Program Questions

MEAL PROGRAM QUESTIONS

23. From your perspective, how far do most people travel to access your meal program? (check one)
   □ less than 5 miles
   □ between 5 to 10 miles
   □ between 10 to 20 miles
   □ more than 20 miles

24. From your perspective, of the ways in which people travel to access your meal program, please rank the following methods from that used by the largest number of people (1) to that used by the smallest number of people (8). If one of the following options is not used by anyone, please enter “NA”.
   _____ in their own vehicle
   _____ in a borrowed vehicle
   _____ ride with a friend
   _____ taxi
   _____ public transportation
   _____ walk
   _____ bike
   _____ other, please describe: ______________________________

25. Name of person completing this survey: __________________________

Thank you very much for your time!
SURVEY TOOLS: CONSUMER SURVEY

Consumer Survey Washtenaw County Food Security

INSTRUCTIONS
We are doing a study to find out about access to food in Washtenaw County, to ensure that all of our community members have healthy food available to them. Your answers will be anonymous, and will only be used in summary fashion. You will not be personally identified in any way. You don’t have to answer questions if you don’t want to, but we’d appreciate as much information as you can give. Thank you for participating.

START HERE:

(1) Where do you do most of your grocery shopping?

Primary Store Name:

_____________________________________

Primary Store City:

_____________________________________

(2) Why do you shop at your PRIMARY grocery store?

   CHECK ALL THAT APPLY
   ☐ Lower prices than other stores
   ☐ Most convenient location
   ☐ Higher quality than other stores
   ☐ Best selection of foods
   ☐ Other, please explain:

(3) How far is your PRIMARY grocery store from your home?

   ☐ Less than 1 mile
   ☐ Greater than 1 but less than 5 miles
   ☐ Greater than 5 but less than 10 miles
   ☐ Greater than 10 miles
SURVEY TOOLS: CONSUMER SURVEY

Consumer Survey Washtenaw County Food Security

(4) Please circle your level of satisfaction with the following at your PRIMARY store

a. Selection of fresh produce and healthy food choices
very satisfied  somewhat satisfied  somewhat dissatisfied  very dissatisfied

b. Quality of fresh produce
very satisfied  somewhat satisfied  somewhat dissatisfied  very dissatisfied

c. Price
very satisfied  somewhat satisfied  somewhat dissatisfied  very dissatisfied

d. Ease of access/location in relation to home
very satisfied  somewhat satisfied  somewhat dissatisfied  very dissatisfied

(5) How do you usually travel to do your grocery shopping?

☐ In my own vehicle
☐ In a borrowed vehicle
☐ Ride with a friend
☐ Walk
☐ Public transportation
☐ Taxi
☐ Bicycle
☐ Other, please describe: ________________________________

_______________________________
SURVEY TOOLS: CONSUMER SURVEY

Consumer Survey Washtenaw County Food Security

(6) How many servings of fruits and vegetables do you eat each day?
- 0-1
- 2-4
- 5-8
- 9 or more

(7) If you eat less than 5 servings of fruits and vegetables per day, please mark the reasons that contribute to this.
CHECK ALL THAT APPLY
- Too expensive
- Not available where I shop
- Don’t like
- Don’t know how to prepare
- Other, please describe:______

(8) Do you grow any of your own food (in your own garden, or in a community or school garden)?
- Yes
- No
- No, but I would like to.

(9) How often do you purchase food from a Farmer’s Market or produce stands?
- Weekly during the season
- Monthly during the season
- Occasionally/ Less often than monthly
- Never

(10) How many meals per month do you purchase at a restaurant (including fast food)?
- 0
- 1-2
- 3-4
- 5-7
- 8 or more
SURVEY TOOLS: CONSUMER SURVEY

Consumer Survey Washtenaw County Food Security

The following are statements that people have made about their food situation. For these statements, please mark whether the statement was often true, sometimes true, or never true for your household in the last 12 months—that is, since last July.

(11) “The food that we bought just didn’t last, and we didn’t have money to get more.” Was that often, sometimes, or never true for your household in the last 12 months?
☐ Often true
☐ Sometimes true
☐ Never true
☐ Don’t know

(12) “We couldn’t afford to eat balanced meals.” Was that often, sometimes, or never true for your household in the last 12 months?
☐ Often true
☐ Sometimes true
☐ Never true
☐ Don’t know

(13) In the last 12 months, since last July, did you or other adults in your household ever cut the size of your meals or skip meals because there wasn’t enough money for food?
☐ Yes
☐ No (SKIP TO 15)
☐ Don’t know

(14) If you responded “Yes” to 13, how often did this happen?
☐ Almost every month
☐ Some months but not every month
☐ Only 1 or 2 months
☐ Don’t know

(15) In the last 12 months, did you or anyone in your household ever eat less than you felt you should because there wasn’t enough money to buy food?
☐ Yes
☐ No
☐ Don’t know
SURVEY TOOLS: CONSUMER SURVEY

Consumer Survey Washtenaw County Food Security

(16) In the last 12 months, were you or anyone in your household ever hungry but didn’t eat because there wasn’t enough money for food?

☐ Yes
☐ No
☐ Don’t know

The following questions ask you about a number of available food assistance programs. Please answer whether you use these programs, and for how long. If you don’t use these programs, please answer why you do not use them.

(17) Did you or anyone in your household receive assistance from any food or nutrition assistance program in the last month? CHECK ALL THAT APPLY

(a) FOOD STAMPS/BRIDGE CARD

☐ Yes
☐ No

(a1) If YES, enter the number of months in a row you have been receiving food stamps/bridge card:

__________________________

(a2) If NO, please check the reason(s) for not participating:

☐ I do not think I am eligible
☐ I have applied for this program and been denied
☐ I am unaware of this program
☐ I do not want assistance
☐ I do not need assistance
☐ Other, please explain:

_________________________________

(b) Women, Infant and Children Program (WIC )

☐ Yes ☐ No

(b1) If YES, enter the number of months in a row you have been receiving WIC:

____________________________

(b2) If NO, please check the reason(s) for not participating:

☐ I do not think I am eligible
☐ I have applied for this program and been denied
☐ I am unaware of this program
☐ I do not want assistance
☐ I do not need assistance

_________________________________
SURVEY TOOLS: CONSUMER SURVEY

Consumer Survey Washtenaw County Food Security

(c) FOOD DISTRIBUTION AT TOWNER BUILDING
☐ Yes
☐ No

(c1) If YES, how long ago did you first visit the program:____________________

(c2) If NO, please check the reason(s) for not participating:
☐ I do not think I am eligible
☐ I have applied for this program and been denied
☐ I am unaware of this program
☐ I do not want assistance
☐ I do not need assistance
☐ Other, please explain:
_________________________________

(d) FREE OR REDUCED PRICE SCHOOL LUNCH AND BREAKFAST PROGRAM
☐ Yes ☐ No

(d1) If YES, enter the number of school years receiving free or reduced price school breakfast:
________________

(d2) If NO, please check the reason(s) for not participating:
☐ I do not think I am eligible
☐ I have applied for this program and been denied
☐ I am unaware of this program
☐ I do not want assistance
☐ I do not need assistance
☐ Other, please explain:
_________________________________

(e) FREE MEAL PROGRAMS
☐ Yes
☐ No

(e1) If YES, enter the number of months in a row you have been regularly visiting emergency meal programs:
______________________________
Consumer Survey Washtenaw County Food Security

(e2) If NO, please check the reason(s) for not participating:
☐ I do not think I am eligible
☐ I have applied for this program and been denied
☐ I am unaware of this program
☐ I do not want assistance
☐ I do not need assistance
☐ Other, please explain: ______________________

(f) MEALS ON WHEELS OR SENIOR MEAL PROGRAM
☐ Yes
☐ No

(f1) If YES, enter the number of months participating: ______________________

(f2) If NO, please check the reason(s) for not participating:
☐ I do not think I am eligible
☐ I have applied for this program and been denied
☐ I am unaware of this program
☐ I do not want assistance
☐ I do not need assistance
☐ Other, please explain: ______________________

(g) FOOD PANTRIES
☐ Yes
☐ No

If YES, please answer the following questions.

(g1) Which emergency food pantry is your PRIMARY pantry? name: ______________________

(g2) How far is your PRIMARY food pantry from your home?
☐ Less than 1 mile
☐ Greater than 1 but less than 5 miles
☐ Greater than 5 but less than 10 miles
☐ Greater than 10 miles
SURVEY TOOLS: CONSUMER SURVEY

Consumer Survey Washtenaw County Food Security

(g3) I have received information and/or help from my PRIMARY pantry in the following areas (check all that apply)

- Referrals for food stamps
- Assistance in securing food stamps
- Referrals for food assistance programs other than food stamps
- Job training
- Job referrals
- Nutrition education or healthy cooking classes
- Referrals for non-food assistance programs (such as health insurance, cash assistance)

(g4) Please circle your level of satisfaction with the following at your PRIMARY pantry

a. Selection of fresh produce and healthy food choices

very satisfied  somewhat satisfied  somewhat dissatisfied  very dissatisfied

b. Quality of fresh produce

very satisfied  somewhat satisfied  somewhat dissatisfied  very dissatisfied

c. Ease of access/location in relation to home

very satisfied  somewhat satisfied  somewhat dissatisfied  very dissatisfied

(g5) How do you usually travel to your PRIMARY pantry?

- In my own vehicle
- In a borrowed vehicle
- Ride with a friend
- Walk
- Public transportation
- Taxi
- Other, please describe:

____________________________________
SURVEY TOOLS: CONSUMER SURVEY

Consumer Survey Washtenaw County Food Security

(g6) Please identify how you use the food from your primary pantry:

- As my only source of food on a regular basis
- As a large source of food on a regular basis
- As a supplemental source of food on a regular basis
- As emergency food on a temporary basis

(h) OTHER FOOD SOURCES:
If you receive food from any other sources, please identify them:
_________________________________
_________________________________

(i) When you first faced the need for food assistance, how did you learn of available food programs?

- Called 211
- Called Food Gatherers
- Already knew of a food program
- A friend or relative told me of a food program
- Church referred me
- DHS referred me
- Another service program referred me

About Your Household

(1) Which of the following best describes your household?

- Two adults, no children
- Two parent household, with children
- Single parent, with children
- Single parent, no children
- Grandparent(s), with children
- Other

(2) Please enter the total number of people in your household:
_________________________________

(3) How many members of your household are children under 18?
_________________________________

(4) How many members of your household are age 65 or older?
_________________________________
SURVEY TOOLS: CONSUMER SURVEY

Consumer Survey Washtenaw County Food Security

(6) What is your employment status?
☐ Unemployed
☐ Not in labor force (retired, student, disabled, not looking for work)
☐ Working, part time (less than 35 hours per week)
☐ Working, full time (35-40 or more hours per week)
☐ Working more than full time (41 or more hours per week)

(7) Do you or someone in your household own a working vehicle?
☐ Yes
☐ No

(8) What was your household's total take-home income for last month?
☐ Less than $500
☐ $500 - $999
☐ $1000 - $1499
☐ $1500 - $1999
☐ $2000 - $2499
☐ $2500 - $2999
☐ $3000 - $3999
☐ $4000 or more
☐ Don't know

(9) Compared to last year, how would you consider your household?
☐ Better off than last year
☐ Worse off than last year
☐ About the same
☐ Don't know

Thank you for your time!
AGENCY PARTNERS AND CLIENT SURVEY 2008: KEY FINDINGS

Three quarters of the people using emergency pantries are ‘food insecure’. ‘Food insecurity’ refers to a person’s risk of not being able to provide food for oneself or one’s family. Of the people using emergency food pantries, 76% qualify as ‘food insecure’, and 39% of the households have the most severe condition of ‘very low food security’.

Households receiving services have extremely low incomes. 85% of households report incomes of less than $500 per month per household member. 40% of households are not in the work force, living on fixed incomes due to age or disability.

Families with children have dramatic rates of food insecurity. Families with children have an overwhelming rate of food insecurity (92%) with parents frequently saying they skip meals and make portions smaller to make food last longer.

Employment did not protect households against food insecurity. The employment and income that clients of food pantries reported was not sufficient to protect the household from food insecurity. While the rate of food insecurity among those who were employed, either part-time or full-time, was slightly lower (82%) than those who were unemployed (89%), the difference was not significant.

Use of food pantries is long-term. About 75% of respondents indicated that they receive food from a food pantry on a regular basis; and for 35% of respondents the pantry is their only or primary source of food. Only 25% use the food pantry as a short-term emergency source.

Daily consumption of fruits and vegetables is well below healthy levels. Access to fresh produce is limited because of cost. Only 13% of those surveyed eat the recommended daily five servings of fruits and vegetables. Among those eating fewer than 5 servings of fruits and vegetables, 70% indicate that the high cost of fruits and vegetables contributes to preventing them from consuming more. Only 23% of respondents visit a farmer’s market weekly or monthly during the growing season. About 22% of respondents grow some of their own food; among those who do not, approximately 20% indicated that they would like to.

Clients are satisfied with the quality and selection of fresh produce at grocery stores and pantries. More than 92% of respondents are somewhat or very satisfied with the selection and quality of fresh produce at their primary grocery store. The selection and quality of fresh produce at food pantries is rated near 90% satisfied. Of remaining concern is the fact that only 1 out of five food pantries always has fresh produce available, while 23% of food pantries usually do not have fresh produce available and an additional 18% never do.

There is limited availability of fresh produce and meats, especially at smaller pantries. Fresh fruits and vegetables are always available at only 21% of pantry programs, never available at another 20%, and intermittently available at the remaining programs. Larger programs appear to have the capacity to provide meat or fruits and vegetables on a regular basis and, as noted above, the selection and quality of the produce provided by these pantries is viewed as satisfactory by clients.
AGENCY PARTNERS AND CLIENT SURVEY 2008: KEY FINDINGS

Many households do not have access to a vehicle, yet access to both pantries and grocery stores is considered satisfactory. More than 90% of respondents are satisfied with the ease of access to food pantries and grocery stores. However, only about 55% of respondents use their own vehicle to travel to a grocery store or food pantry, while around 20% rely on a friend or relative to take them and another 15% walk. Analysis of maps shows that there are multiple pantries and grocery stores within five miles of the highest density poverty neighborhoods in Washtenaw County.

The days and hours of operation in food pantries are limited. Even with clients expressing satisfaction with access to pantries, an analysis of hours of operation confirms significant limitations. There are 46 pantries that provide food to the public in the Food Gatherers network, yet only 10 pantries are open 8 or more hours per week. Programs are available each day of the week, although only seven of the 46 pantry programs are open on either Saturday or Sunday. About 1/3 of programs operate three or more days per week, another third are available one or two days per week, and the remaining agencies distribute food one or two times per month.

Additional food assistance programs are underused by food insecure households. Only 47% of households use food stamps. Among households that did not use the food stamp program, over 40% believe that they are not eligible; an additional 24% indicated that they have applied for the program but been denied. Among those not receiving food stamps, about 73% would be eligible for the program based on the gross income that they reported on the survey. Food insecure households were not more likely to use WIC, free meal programs, or the Towner surplus food distribution program. However, food insecure households did participate in the school lunch program at significantly higher rates (39% among food insecure households vs. 10% among food secure households).

Many households see themselves as worse off than last year. 44% describe their household as worse off than last year, 18% as better off and 38% ‘about the same’. This description of households experiencing decreasing financial and food security aligns with the increased demand for services seen by agencies serving people in poverty.

The demand for services has increased while agency resources have not. Food pantries report serving over 3300 households per month, and meal programs report serving over 1100 households. (This is not ensured to be an unduplicated count) About half of all agencies reported facing a shortage of food or resources in the past year. Sixty-three percent of agencies report highest demand at the end of the month.

Most agencies collect household data from pantry customers, but this is not done in a manner that allows for community wide analysis of use and needs. While many pantries collect information from their clients (age, gender, income, household size, employment status and information on participation in other food assistance programs), there is not a consistent set of data collected, nor are households identified in a manner that supports unduplicated counts. This limits effective community wide understanding of who is in need and who is being served by these programs.
AGENCY PARTNERS AND CLIENT SURVEY 2008: KEY FINDINGS

Clients perceive very little support from pantries with other services such as assistance with food stamps and referrals for job training. Relative to support accessing other helpful services, there is a disconnection between what agencies perceive they are offering and what clients report receiving. For example, 30% of pantries report offering assistance with food stamps applications, yet only 13% of clients reported receiving that support. 59% of agencies report offering referrals to other non food assistance programs, while only 24% of clients reported receiving such support.

AGENCY PARTNERS AND CLIENT SURVEY 2008: OVERVIEW OF CLIENT SURVEY FINDINGS

Four-hundred and forty-seven residents responded to the survey, representing a snapshot of people in need within Washtenaw County.

Demographics
• Families with children or seniors made up 80% of the survey respondents.
• About one quarter of the respondents were working part or full-time, while 35% were unemployed.
• When those not in the labor force (mostly seniors) are excluded, the unemployment rate was over 57%.
• Among households with children, the unemployment rate was almost 45%.
• 60% reported a household income below $1000 per month
• Almost 40% of respondents lived in a household without access to a working vehicle.
• 44% of the households reported they are ‘worse off than last year’
• 38% of respondents lived in Ann Arbor, 21% lived in Ypsilanti, and the remaining 40% lived in outlying areas of Washtenaw and surrounding counties

Food Security
• Food insecurity among the respondents is high. Three-quarters of households were classified as food insecure, and 39% of the households have the most severe condition of very low food security.
• Households with children were significantly less food secure than other households; the rate of food security in households with children was just 8%.
• Households of only seniors were significantly more food secure than other households; the rate of food security in households of only seniors was almost 60%.

Pantry Use and Satisfaction
• Overall, respondents are satisfied with their food pantry, with almost 90% indicating they are somewhat or very satisfied with the selection of produce and healthy foods, quality of produce, and location.
• About 70% of respondents live within 5 miles of the food pantry program that they use.
• Most respondents use their own vehicle to travel to the food pantry, but significant portion also ride with a friend (23%) or walk (16%).
• Fewer than a third of respondents indicated that they have received other services or referrals at their food pantry. About 30% have been given referrals to other food assistance programs, 20% received referrals for food stamps or non-food assistance, and less than 10% have received assistance applying for food stamps, nutrition education, job training or job referrals.
AGENCY PARTNERS AND CLIENT SURVEY 2008: OVERVIEW OF CLIENT SURVEY FINDINGS

• The majority of survey respondents indicated that they learned of a food assistance program from a friend or relative.

Grocery Store Use and Satisfaction
• Overall, respondents were satisfied with their primary grocery store, with over 90% indicating they were somewhat or very satisfied with the selection of produce and healthy foods, quality of produce, and location.
• About 62% of respondents indicated that lower prices were a reason they chose to shop at their primary grocery store, and 60% of respondents chose a store with the most convenient location.
• About three-quarters of respondents traveled 5 miles or less to get to their primary store.
• While the majority of respondents (57%) use their own vehicle to travel to the grocery store, over 20% use a borrowed vehicle or rely on a friend or relative to take them, almost 15% report walking, and another 15% use public transportation.

Healthy Eating and Eating Habits
• Only 13% of respondents eat 5 or more servings of fruits and vegetables per day. Among those eating fewer than 5 servings of fruits and vegetables, 70% indicated that the high cost of fruits and vegetables contributes to preventing them from consuming more.
• Only 23% of respondents visit a farmer’s market weekly or monthly during the growing season. About 22% of respondents grow some of their own food; among those who do not, approximately 20% indicated that they would like to.
• Most households did not shop at a Farmer’s Markets regularly, and senior households were most likely to indicate that they never shopped at one.
• Seventy-seven percent (77%) of respondents indicated that they rarely purchase food at a restaurant (never or 1 to 2 times per month).

Food Assistance Programs
• Respondents participate in a variety of food assistance programs including the Federal Food Stamp Program (47%), WIC (8%), children’s free or reduced price school lunch (32%), free meals programs (8%) and Meals on Wheels (3%).
• Over 40% of respondents believe that they are not eligible for the food stamp program, while another 25% indicated that they have applied for the program in the past and been denied.
• Almost half of respondents (47%) receive food stamps.
• Household income of food stamp recipients was lower than non-recipients, and more food stamp recipients reported being unemployed. Less than half of food stamp recipients have a vehicle available to their household, while over 70% of non-recipients have a vehicle.
• Ineligibility was the main reason for not participating in WIC, the free or reduced price school lunch program, and Meals on Wheels.
• A large proportion of respondents were unaware of the Towner Center surplus food distribution program (56%), free meals programs (39%), and the monthly food distributions at housing locations run by Food Gatherers (30%).
AGENCY PARTNERS AND CLIENT SURVEY 2008: OVERVIEW OF CLIENT SURVEY FINDINGS

• About three-quarters of respondents indicated that the food they receive from a food pantry is on a regular basis. Only 25% use the food pantry as a short-term emergency source of food.

How respondents differed in each city
• In Ann Arbor, almost half of respondents were seniors, who had significantly higher rates of food security, lower rates of vehicle ownership, and were almost exclusively classified as not in the labor force, causing these results for Ann Arbor to vary significantly from other cities. However, when senior households were excluded, residents of Ann Arbor had similar rates.
• For example, the rate of food security in Ann Arbor was 35%, while among residents of Ypsilanti, only 13% were food secure. Among non-senior households in Ann Arbor, the rate of food security was about 14%.
• The rate of vehicle ownership was highest in South Lyon (78%), and lowest among residents of Ann Arbor (57%). When senior household are excluded, about two-thirds of Ann Arbor residents have access to a vehicle.

Access
• There are a number of programs available each day, providing access to food assistance programs each day of the week for Washtenaw County residents. Fewer programs operate on the weekends. About a third of programs operate several days per week, another third are available one or two days per week, and the remaining agencies distribute food one or two times per month.
• Agencies believe that most clients use their own vehicle to reach the program, followed by riding with a friend, and borrowing a vehicle. Agencies indicated that the method of travel to reach the meal program used by the largest number of clients was walking, followed by public transportation.
• Agencies perceive that about half of their clients live within 5 miles of the meal program location, and the other half live between 5 and 10 miles away. At food pantries, agencies think that their clients travel slightly farther, with about 14% coming from 10 miles or farther away. (Data from clients shows that 68% live within 5 miles of their primary pantry.)

Need and Funding
• Over 3300 households are served at food pantry programs per month, and over 1150 use meal programs each month. (This is not ensured to be an unduplicated count.)
• The number of clients served ranged from 625 at the largest program to fewer than 20 at several smaller programs. The 5 largest programs serve 250 households per month or more.
• Almost two-thirds of programs indicated that they experience highest demand at the end of the month.
• Many programs indicated that they have faced months when the demand for food exceeded the food available. To address this shortfall, 56% purchased more food, 46% referred the client to another agency, about 40% reduced the amount given to each household, 14% had to turn a client away without food, and 12% of programs asked clients to return another day to receive food.
• For food pantry programs, the average annual budget for food purchases was about $8700, while for meal programs it was slightly less ($8200). The range of budgets was wide, with the biggest program having a budget over $50,000, while a number of smaller programs have budgets under $1000.
AGENCY PARTNERS AND CLIENT SURVEY 2008: OVERVIEW OF CLIENT SURVEY FINDINGS

• Agencies obtain 70% of the food they distribute from Food Gatherers, with smaller portions coming from food drives, retail purchases and other sources.
• Of the 44 programs surveyed, 18 of them are funded by the Washtenaw United Way. These programs receive an average of about $14,000 in funding.

Meal Program and Pantry Use
• According to the agencies, over 90% of meal program users rely on the program on a regular basis, and for over 20% of clients, the meal program is their primary source of food.
• For those using a food pantry, about one-third use it as an emergency, short-term source of food, while half are perceived as using it as a supplemental source of food on a regular basis.

Food Availability at Programs
• At food pantries, meat is never distributed at one-third of programs, while it is always available at 18% of programs. At meal programs, meat is included always or regularly at 85% of programs. The larger programs were more likely to have meat available.
• Fruits and vegetables are always or regularly available at about 25% of programs, and intermittently available at another 55% of programs. The remaining programs never have fruits and vegetables for distribution. At meal programs, almost 70% have fruits and vegetables always or regularly available. The larger programs are more likely to have fruits and vegetables available during the growing season.

Agency Procedures
• Most programs collect at least some data about their clients, often including household size, address, age, income and gender, while fewer programs collect more extensive data such as race, employment status, participation in other food assistance programs and special dietary needs.
• The majority of programs (58%) base the amount of food they distribute on the number of people in the household. Another quarter of programs give out a fixed amount of food to everyone.
• Agencies report that they provide or refer clients to additional services. About one-third of programs report providing nutrition education, job referrals, job training or food stamp assistance, half of programs report providing food stamp referrals, and over 70% report offering referrals for other food assistance or non-food assistance programs. Each of these services is reported as being offered periodically, with some agencies providing services at intake only, or at every visit. It is important to note that agency perception of referrals to adjacent services is significantly higher than reports from clients. The most common referral from client reports was to other food assistance programs (40% report receiving this referral) and the least common referral was for job training (9%) and job referrals (5%).
APPENDIX C: FOOD SECURITY OVERVIEW

HOUSEHOLD SECURITY SURVEY

Washtenaw Consumer Survey

The USDA conducts an annual, nationally representative survey of about 45,000 households to measure the extent of food insecurity in the U.S. Using an 18-question food security scale, households are assigned a food security status based on the number of food-insecure conditions they have experienced in the past year. In 2007, about 11% of household in the U.S. were classified as food insecure, with about 4% of households experiencing the more severe condition of very low food security.

In order to gain an understanding of the food security status of low-income households in Washtenaw County, a six-question short form of the USDA food security scale was included in the consumer survey. Each of the questions is presented below, along with the percentage of those surveyed who selected each response.

Food Security Questions

(1) “The food that we bought just didn’t last, and we didn’t have money to get more.” Was that often, sometimes, or never true for your household in the last 12 months? (n = 419)

Often true 37%
Sometimes true 42%
Never true 18%
Don’t know 3%

(2) “We couldn’t afford to eat balanced meals.” Was that often, sometimes, or never true for your household in the last 12 months? (n = 418)

Often true 29%
Sometimes true 44%
Never true 24%
Don’t know 3%

(3) In the last 12 months, since last July, did you or other adults in your household ever cut the size of your meals or skip meals because there wasn’t enough money for food? (n = 415)

Yes 42%
No 53%
Don’t know 5%

(4) If you responded “Yes” to (3), how often did this happen? (n = 232)

Almost every month 46%
Some months but not every month 34%
Only 1 or 2 months 13%
Don’t know 7%
APPENDIX C: FOOD SECURITY OVERVIEW

HOUSEHOLD SECURITY SURVEY

Washtenaw Consumer Survey

Food Security Questions

(5) In the last 12 months, did you or anyone in your household ever eat less than you felt you should because there wasn’t enough money to buy food? (n = 413)

Yes 45%
No 48%
Don’t know 7%

(6) In the last 12 months, were you or anyone in your household ever hungry but didn’t eat because there wasn’t enough money for food? (n = 419)

Yes 62%
No 35%
Don’t know 3%

Food Security Classification

Households are assigned a food security classification based on how many questions they answered affirmatively (affirmative answers in bold). Households with zero or one affirmative answer are classified as food secure, households answering 2-4 questions affirmatively are classified as having low food security, and households with 5 or 6 affirmative responses are classified as having very low food security.

Food security status

Food secure 24%
Low food security 37%
Very low food security 39%
Food Gatherers provides no and low cost food to 44 food pantries, 9 meal programs and 15 housing complexes with high concentrations of low income residents.
There are 28 food pantries in close proximity of the high density poverty neighborhoods in Washtenaw County. The low income neighborhoods in the Lincoln School District are located farthest from existing food pantries.
Access is also influenced by the hours of operation at food pantries. Only 11 of the 44 pantries in the County are open more than eight hours per week. Only five pantries open more than 8 hours per week are in the highest density poverty areas.
Of the 124 food retailers in Washtenaw County that accept Food Stamps (EBT), only 36 offer fresh produce. Many high density poverty neighborhoods are more than 1 mile from one those retailers.
## Data for GIS Map 1

### Pantry Sites

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# Appendix D: GIS Maps and Supporting Information

## Data for GIS Map 1

### Meal Sites

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APPENDIX D: GIS MAPS AND SUPPORTING INFORMATION

DATA FOR GIS MAP 2

High density poverty neighborhoods

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<td>1633 Knowles St.</td>
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<td>Holmes Elementary School</td>
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Data for GIS Map 3

Pantries open 8 or more hours per week

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<tr>
<th>Agency Name</th>
<th>Address</th>
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<td>3 W. Eden Court</td>
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<td>Catholic Social Services</td>
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<td>47 N. Huron Street</td>
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<td>Dexter Senior Center/</td>
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<td></td>
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<td>Faith in Action</td>
<td>7720 Ann Arbor Street</td>
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<td>Dexter</td>
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<tr>
<td>Faith in Action</td>
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<td>Hope Medical Clinic</td>
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<td>Aid in Milan</td>
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<td>410 City Road</td>
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## APPENDIX D: GIS MAPS AND SUPPORTING INFORMATION

### DATA FOR GIS MAP 4

**Food Retailers that Accept Food Stamps (EBT Cards) and Offer Fresh Produce**

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<thead>
<tr>
<th>Agency Name</th>
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<td>Busch's Inc #1201</td>
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<td>BUSCHS VALU LAND #1035</td>
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<td>Ann Arbor</td>
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<tr>
<td>BUSCHS VALU LAND #1043</td>
<td>565 E Michigan Ave</td>
<td>Saline</td>
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<tr>
<td>BUSCHS VALU LAND #1048</td>
<td>2020 Green Rd</td>
<td>Ann Arbor</td>
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<tr>
<td>BUSCHS VALU LAND #1467</td>
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<tr>
<td>Consumers Unlimited LLC</td>
<td>5725 Tuttle Hill Rd</td>
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<tr>
<td>Country Acres Market Inc</td>
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<td>Fatoj African Caribbean Market</td>
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<td>Golfside Market</td>
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<td>Gordon Food Service</td>
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<tr>
<td>Hamati Dairy Mart Inc</td>
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<tr>
<td>JOES MARKET</td>
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<td>KROGER STORE #605</td>
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<td>SHEENAS MARKETPLACE</td>
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<td>Stickland Market Inc</td>
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<td>Value Food Supermarket</td>
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<td>WAL-MART #1824</td>
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<td>1530 E Michigan Ave</td>
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<td>Ypsi Party Store</td>
<td>1502-06 Ecorse Rd</td>
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<td>Ypsilanti Downtown Farmers Market</td>
<td>W. Michigan Ave &amp; N Hamilton St</td>
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<td>Ypsilanti Farmers Market</td>
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<tr>
<td>Ypsilanti Food Coop</td>
<td>312 N. River Street</td>
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</table>
APPENDIX E: LEADING PRACTICES

CLIENT CHOICE PANTRIES

Gleaners Shared Harvest Pantry, Howell, MI
Shared Harvest Pantry is a client choice pantry in Livingston County that allows clients to select their own food, much like a grocery store. Any resident in Livingston County experiencing a food emergency is welcome to visit the pantry up to six times in a year, and receives enough food for approximately 10 days. Appointments to visit the pantry are made in advance and many of the callers are able to visit that same day. Clients provide information about their household and information that could help them gain access to additional resources. Many different types of foods are available, ranging in variety from canned fruit and veggies to snacks and beverages. Fresh produce and frozen meats are also provided.

The collaborative aspect of Shared Harvest includes the partnership between Gleaners Community Food Bank and the numerous community groups and their members who are committed volunteers regularly staffing the pantry. Collaboration, skillful management, a conscious culture of respect as well as the extensive, engaging use of volunteers are the cornerstones of success for the pantry. Clients, volunteers and staff acknowledge the importance and the impact of the powerful culture of dignity, respect and kindness demonstrated at all levels in Shared Harvest.

West Side Campaign Against Hunger, New York City, NY
In 1993, the West Side Campaign Against Hunger created the first customer choice “supermarket-style” food pantry in the United States, becoming the model for other programs across the country and internationally. The supermarket system allows our customers to select food based on preference and need, encouraging our goal of creating a culture that promotes self-reliance. Customers are given a card based on the number of family members which specifies the amount of cereals, fruits, vegetables, meat and dairy, but gives our customers the choice to pick the kind they prefer. The program is run as a customer cooperative. Customer volunteers are an important part of West Side Campaign Against Hunger. They help all aspects of our program and serve on the Board of Directors.

Immaculate Conception food pantry, Toledo, OH
The Immaculate Conception food pantry utilizes the Rainbow of Choice system, in which food items are arranged according to food group, and patrons are given a laminated 5-by-8-inch card indicating how many food items they can choose from each group -- grain, meat, dairy, fruit, vegetable, as well as “combination” and “miscellaneous.” In the choice system, volunteers have more one-on-one time with clients, which can be used for education about nutrition or other assistance programs.

Operation Love Food Pantry and Elwood Community Pantry, Second Harvest Food Bank of East Central Indiana
Operation Love, Inc. operates a client choice pantry that is open four days per week. As clients enter they are invited to shop from the shelves, choosing what they want to take. Some limits are imposed as to the number of individual items allowed. Volunteers, called “caregivers”, are encouraged to offer help to the clients to ensure they are treated with respect and dignity. Each household is invited to receive food twice a month. Households are screened through an application on the first visit, and a file is kept to track the frequency of the client’s needs.
APPENDIX E: LEADING PRACTICES

CLIENT CHOICE PANTRIES

Elwood Community Pantry utilizes an approach modeled after a grocery store, and 25 volunteers rotate schedules to facilitate the client’s pantry experience. Clients are invited to choose items from grocery shelving and are asked if they would like certain refrigerated and frozen items. Most items are offered with no limitations, and the amount of food provided is based on household size. Each household is invited to receive food twice a month. During the check-in process, clients are encouraged to utilize as many community services for which they are eligible; this allows pantry personnel to suggest services such as the Food Stamp Program.

The Food Bank of Western Massachusetts, Hatfield, MA
The Food Bank owns 60 acres and contracts with a group of farmers to run the operation. Six hundred shareholders pay between $420–$560 a year to receive a weekly portion of the harvest from the farm. The shareholders fees cover 100% of the operating cost of the farm’s expenses, while 50% of the produce is donated back into The Food Bank’s distribution stream.

Capital Area Food Bank, Washington, DC
The From The Ground Up program is located on a land trust with a mandate for environmental education just outside Washington and operates as a CSA. It started in 1994 as an organic growing operation, with homeless persons from DC brought in to help farm. The CSA now supports 50% of the costs of the farm. About half of the food goes into the CSA, while the rest is sold at farm stands or placed into the Food Bank’s donation stream. The project also advances the process of educating the community to the relationship of food systems, food security, the environment, farming and their significant importance to ending hunger.

Alameda County Community Food Bank, Oakland, CA
With grant funds from Goldman Foundation and the City of Oakland, the food bank purchased vegetables from Full Belly Farm, a flagship organic farm two hours northeast of Oakland, and had it delivered directly to low-income senior centers as well as domestic violence shelters, transitional housing facilities, and shelters for men coming out of jail.

Tahoma Food System, WA
The Kitchen Garden Project provides yard gardens to low-income families, seniors, disabled persons, and single parent families. TFS builds three raised garden beds and provides seeds, soil, starts and instructions at no cost so that people have the opportunity to grow their own food. Recipients need only a small spot of sunny ground and a commitment to gardening.

FOOD STAMP OUTREACH PROGRAMS

Capital Area Food Bank, Austin, TX
Outreach coordinators help increase FSP enrollment through application assistance in 21 Central Texas counties. Outreach coordinators are available at one rotating pantry location on 2-4 days per week. Outreach coordinators help with answering questions about the application process, procedures, and rules, providing necessary application forms, and help filling out and turning in your application.
APPENDIX E: LEADING PRACTICES

FOOD STAMP OUTREACH PROGRAMS

San Luis Obispo Food Bank, CA
The food bank combines general program public education campaigns with direct assistance to individual households in completing the application process. The food stamp outreach program attempts to ensure that there is a flow of accurate information regarding program eligibility requirements, train human service providers on program regulations, and provide assistance to eligible households in obtaining critically needed benefits. The Food Bank has developed English and Spanish Food Stamp informational materials that are unique to San Luis Obispo County.

Freestore Foodbank, Cincinnati, OH
Working in partnership with both the Ohio and the Hamilton County Departments of Job and Family Services, the Freestore Foodbank has structured a system for guiding low-income persons through the often frustrating and always confusing process of applying for Food Stamp benefits. Freestore Foodbank case workers talk face-to-face with persons seeking assistance through the hundreds of nonprofit member agencies who help distribute emergency food and other services. Meeting with clients in their own neighborhoods helps remove some of the intimidation and stigma associated with seeking government assistance. Not only does this allow case workers to engage people more successfully, it also makes it easier for low-income individuals to follow-through. Freestore Foodbank case workers ensure that applications are correct and complete, and hand-carry the applications to the proper authorities and track them through the system. This results in many more approved applications and a higher rate of Food Stamp usage by eligible individuals and families.

Food Bank for New York City, NY
Prescreening interviews are conducted by the staff of food stamp specialists. In addition to assessing the eligibility of low-income households, these one-on-one meetings provide clients with access to trained professionals who provide detailed information and answer questions regarding the Food Stamp Program. In order to ensure that full benefits are received, the Food Bank helps to mediate problems that arise during the application process at the city’s Human Resources Administration (HRA). Using Food Stamp Calculator software, specialists conduct prescreening interviews during year-round visits to more than 200 sites in low-income neighborhoods. The program’s Food Stamp Information Call Center further provides New Yorkers in need with access to food stamp specialists during regular office hours for prescreenings and information about benefit programs, including food stamps. The program also conducts media outreach to promote a more positive perception of and educate New Yorkers about the Food Stamp Program.

Lake County Family Community Resource Center, Park City, IL
The Lake County FCRC has been awarded for providing exceptional outreach services and assistance to SNAP (food stamp) clients. The FCRD has worked hard to build strong community partnerships. They host regular meetings with community partners and government agencies to share information, solve problems and build partnerships. It is the only IDHS office in the state to offer GED and ESL (English as a Second Language) classes on site. Since all the GED and ESL students receive some type of public assistance, if they experience a problem with child care, transportation or receipt of benefits, the caseworkers are right there to offer immediate help. The partnership has fostered a mutual respect between clients and caseworkers and made it easier for clients to attend classes.
FOOD STAMP OUTREACH PROGRAMS

Illinois Express Food Stamps, IL
The Illinois Express Food Stamps (now SNAP) pilot, currently underway in several counties, connects low-income people directly to federal food assistance while visiting their local food pantry. Developed in partnership with the Illinois Department of Human Services (IDHS), Feeding America, the Northern Illinois Food Bank (NIFB), and FNS with funding from United Parcel Service, the project uses an abbreviated application and serves all households under expedited processing rules. Eligible households receive an EBT card at the pantry and are mailed a PIN packet from IDHS the next day. The application on the laptop can be completed by the applicant, and food pantry volunteers are available to assist and to issue the EBT card.

Hartford Food System, Hartford, CT
With regard to food assistance programs, HFS saw that more needed to be done at the local and state levels to deliver those services more effectively. While advocating for national funding was necessary, the responsibility for actually delivering the services to residents rested with several government agencies. In all cases, the quality of these services was severely compromised by poor management, local and state governments’ indifference, and public apathy. To address these barriers, HFS took the lead in establishing the City of Hartford Food Policy Commission, which is comprised of representatives from government and non-government sectors. The commission was instrumental in informing the public and city officials of the program deficiencies, convincing the appropriate city authorities and agencies to accept responsibility for the problems, and engage them in processes to find solutions. As a result of these processes and the subsequent improvements in program delivery, the quality of and participation in all these programs increased significantly.
APPENDIX F: RELEVANT RESOURCES

DATA RESOURCES


APPENDIX F: RELEVANT RESOURCES

LEADING PRACTICE RESOURCES


USDA Food and Nutrition Service. *At the Table.* Fall/Winter 2008.

PANTRY SITES

Active Faith
Aid in Milan
Ann Arbor Community Center
Bethlehem Temple Church
Brown Chapel
Bryant Community Center
Calvary Bible Church
Cathedral of Deliverance
Christian Life Center Church
Christian Love Fellowship
Church of God of Prophecy
Corner Health Center
Dexter Senior Center
Emmanuel Lutheran Church
Faith in Action
Family, Inc.
Forrest Knoll/Greater Shiloh Church
Greater Faith Mission
HIV/AIDS Resource Center
Holy Trinity Church
Hope Medical Clinic
Manchester Community Resource Center
Manchester Family Services
Messiah Temple Church
Metropolitan Memorial Baptist Church
Neighborhood Health Clinic
New Grace Apostolic Temple
Northfield Human Services
Northside Community Center
Packard Health
Power Inc.
Saline Social Services
Salvation Army Ann Arbor
Salvation Army Ypsilanti
Second Baptist Church
SOS Community Services
St. Clares Episcopal Church/The Back Door
St. Mary’s Baptist Church
St. Vincent De Paul
Tuscan Creek Apartments
Victorious Life Church of God
Vineyard Christian Fellowship
Washtenaw County Commodities Distribution
Word of Deliverance Church