ADULT READS: NON-FICTION

**The Omnivore's Dilemma: A Natural History of Four Meals**  
Michael Pollan | Published in 2006

**Lords of the Harvest**  
Daniel Charles | Published in 2001

**School Lunch Politics**  
Susan Levine | Published in 2008

**Weighing In: Obesity, Food Justice, and the Limits of Capitalism**  
Julie Guthman | Published in 2011

**Meat: A Benign Extravagance**  
Simon Fairlie | Published in 2010

**Sweet Charity**  
Janet Poppendieck | Published in 1998

**Fresh: A Perishable History**  
Susanne Friedberg | Published in 2009

**Folks, This Ain't Normal**  
Joel Salatin | Published in 2012

**Turn Here, Sweet Corn**  
Atina Diffley | Published in 2012

**Nourishing Traditions**  
Sally Fallon | Published in 1999

**Animal, Vegetable, Miracle**  
Barbara Kingsolver | Published in 2008

**Tomatoland: How Modern Industrial Agriculture Destroyed Our Most Alluring Fruit**  
Barry Estabrook | Published in 2012

**The Art of Fermentation**  
Sandor Katz | Published in 2012

**Plenty (Eating Locally on the 100-Mile Diet)**  
Alisa Smith, J.B. MacKinnon | Published in 2008

**Organic Manifesto: How Organic Farming Can Heal Our Planet, Feed the World, and Keep Us Safe**  
Maria Rodale | Published in 2011

**Eating Animals**  
Jonathan Safran Foer | Published in 2010

ADULT READS: FICTION

**Bastard Out of California**  
Dorothy Allison | Published in 1993

**My Drowning**  
Jim Grimsley | Published in 1998

**The Dollmaker**  
Harriet Arnow | Published in 1954

**Migrant Souls**  
Arthur Islas | Published in 1990

**Another Country**  
James Baldwin | Published in 1962

**Gap Creek: A Story of a Marriage**  
Robert Morgan | Published in 1999

**The Invisible Man**  
Ralph Ellison | Published in 1952

**The Bluest Eye. Beloved. Jazz.**  
Toni Morrison | Published in 1972

**Love Medicine**  
Louise Erdrich | Published in 1984

**The Middleman**  
Bharati Mukherjee | Published in 1988

This list was compiled using the following resources: “Hunger 101 Additional Resources” (The Atlanta Community Food Bank, 2012); “A Yummy Gift Idea: Foodies Pick Most Appetizing Books” (Cornucopia Institute, 2012); and Margo Finn, Lecturer at the University of Michigan (and trusty Food Gatherers Weekly Warrior volunteer).