GATHERING GOODNESS EXPERIENCE

LEARN - Experiences to learn about hunger in our community.

Kate Video Discussion
Recommended for: Students (hs/college), civic/religious, individual/family
Watch the video about Kate in Dexter (8 minutes) and discuss the root causes of hunger and how you can help alleviate hunger in our community. Then, visit our website to read about food insecurity in Washtenaw County and view poverty and hunger statistics in Washtenaw County through Feeding America’s “Hunger in America” and “Map the Meal Gap” studies. Have a discussion, post a photo of your experience on social media, and tag us!

Kids’ Video Discussion
Recommended for: Kids K-8
Watch the kids’ video about Kate (2 minutes) and discuss ways you can help fight hunger in our community. Draw your ways on a paper plate and display them for others to see. Have a discussion, post a photo of your experience on social media, and tag us!

Food Movie Night
Recommended for: Students (hs/college), civic/religious, individual/family
Host a movie night to watch and discuss a food or hunger-related movie. Some suggested movies: A Place at the Table, Food Stamped, Thought for Food, Food, Inc., Fast Food Nation. Have a discussion, post a photo of your experience on social media, and tag us!

ADVOCATE - Experiences to advocate in the fight against hunger.

24-Hour Fast
Recommended for: Civic/religious, individual/family
Participate in a full-day fast to raise funds and awareness for hunger relief. Ask family and friends to sponsor you and donate funds to Food Gatherers. During your 24-Hour Fast, learn facts about hunger in Washtenaw County, take a tour of Food Gatherers’ warehouse, organize a Food Scavenger Hunt, and watch a food-related movie. Post a photo of your experience on social media, and tag us!

SNAP Challenge
Recommended for: Students (hs/college), civic/religious, individual/family
Live on SNAP (formerly food stamps) budget for a week (or more!). Michigan’s average individual SNAP benefit is $127 per month, or $4.23 per day. Keep track of your purchases and eat only food that you purchase during this week. Post a photo of your experience on social media, and tag us!

Social Media Advocate
Recommended for: Students (hs/college)
Become an advocate on social media for hunger relief in our community. First, find and “like” Food Gatherers on Facebook, follow @FoodGatherers on Twitter, and follow #FoodGatherers on Instagram. Watch Kate’s video, sign up for Action & Advocacy Alerts, write a letter to your Senator, and invite 10 people to “like” Food Gatherers’ Facebook page. Post about your experience on social media, and tag us!
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SUPPORT - Experiences to support Food Gatherers’ hunger relief efforts.

Donate Your Birthday
Recommended for: Students (hs/college), individual/family
Donate your birthday to fight hunger where we live. Ask guests to bring non-perishable food items to your birthday party in lieu of gifts, or ask friends and family to make donations to Food Gatherers in honor of your birthday. Post a photo of your experience on social media, and tag us!

Host an Event
Recommended for: Students (hs/college), civic/religious, individual/family, corporate
Host a benefit concert, yoga class, dinner party, or Casual Friday in your office to fight hunger where we live. Have guests bring non-perishable food items or donations to Food Gatherers. Post a photo of your experience on social media, and tag us!

Take on a Challenge
Recommended for: Students (hs/college), Individual/family
Accept a personal or family challenge--run in a 5K, ride in a bike race, or participate in a hunger walk—to fight hunger where we live. Set a goal for how much you would like to raise, and ask friends and family to make donations to Food Gatherers in your honor. Post a photo of your experience on social media, and tag us!

TAG US – Share photos and thoughts from your experience.

facebook.com/foodgatherers
@FoodGatherers
@FoodGatherers