

Donate Lunches with Love



About Lunches with Love

The children, families, and individuals we serve are in need of ready-to-grab bags with a variety of lunch choices. Whether you assemble five bags or 50, Lunches with Love are a helpful resource for our partner food pantries. **Ready to donate? Drop-off hours can be found on our website: www.foodgatherers.org/givefood.**

What to add

Please choose healthy options that are whole grain and low in sodium and added sugar. Please do NOT include flatware.

- (1) Main dish that is nonperishable and easy to eat:
 - Pop-top soup
 - Tuna or chicken salad lunch kit
- (1-2) Healthy sides or snacks
 - Dried fruit
 - Applesauce
 - Fruit cup
 - Crackers
 - Granola bar
 - Popcorn
 - Protein bar
- (1) Bottled water

TIP: Lunches packed by different donors may be given to the same family, so it's important to only include the number of items listed. If you have extra food, feel free to donate it separately!



Food handling instructions

- All food must be store-bought and in the original, unopened packaging.
- All food must be individually-wrapped with its original label and list of ingredients (for example, please do not buy a large bag of chips and put them into smaller bags).
- Food items must have a list of ingredients on each item (brands we suggest: Simply Nature, Motts, Dole, Captain Wafers, Pepperidge Farm)
- All food must be non-perishable and in-date, with an expiration date at least six months from the date you build bags.
- Please ensure that individuals participating in building Lunches with Love bags are free of any illness or communicable disease and thoroughly wash their hands with hot, soapy water before beginning.

Questions? Email info@foodgatherers.org or call 734-761-2796.

Sample: Lunches with Love



A.



Sample A

- (1) Main dish
 - StarKist tuna salad lunch kit
- (1-2) Healthy sides or snacks
 - Kirkland organic applesauce in squeeze pouch
 - Simple Nature veggie chips
- (1) Bottled water

B.



Sample B

- (1) Main dish
 - Well Yes! pop-top tomato soup
- (1-2) Healthy sides or snacks
 - Gogo Squeez banana applesauce
 - Nature Valley granola bar
- (1) Bottled water